

October 2024 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 Pick up your Daily Delight 1 9:30 Catholic Communion 10:00 Chair Exercise 3:00 BINGO 6:00 UNO Card Game-Resident Lead	Voting Day 9-1 PM 2 8:30 Pick up your Daily Delight 9:00 General Election Voting 9:00 Worship Wednesday-Wellness Room 10:00 Chair Exercise 6:00 Adult Coloring AL2 Wing	Happy Hour! 3 8:30 Pick up your Daily Delight 10:00 Chair Exercise 2:00 The Rat Pack-Virtual Program/Dining Room 3:00 Happy Hour 6:00 Puzzles	8:30 Pick up your Daily Delight 4 9:15 Chair Exercise 2:00 Book Club Outside #138 6:00 After Dinner Walk with your Neighbor	8:30 Pick up your Daily Delight 5 10:10 Chair Exercise 11:00 Resident Walking Group 2:00 Movie Matinee
8:30 Pick up your Daily Delight 6 10:10 Chair Exercise 11:00 Resident Lead Walking Group 1:30 Bible Study #138	Outing 7 8:30 Pick up your Daily Delight 10:00 Chair Exercise 12:00 Lunch at Olive Garden 3:30 Candy BINGO 6:00 Dominos-Resident Lead	SPARK Challenge Day 8 8:30 Pick up your Daily Delight 9:30 Catholic Communion 10:00 Chair Exercise 12:45 Spark Challenge-Kris' Office 2:00 Limitless Cycling Bike Rides! 6:00 UNO Card Game-Resident Lead	SPARK Challenge Day Walking 9 MN ZOO HERE 8:30 Pick up your Daily Delight 9:00 Worship Wednesday-Wellness Room 10:00 Chair Exercise 12:45 Spark Challenge-Walking 2:30 Mn Zoo- Live Animals ! 6:00 Adult Coloring AL2 Wing	Professional Artist Here 10 8:30 Pick up your Daily Delight 10:00 Chair Exercise 2:30 Acrylic Painting /Wine Cheese 6:00 Puzzles	8:30 Pick up your Daily Delight 11 9:15 Chair Exercise 2:00 Book Club Outside #138 6:00 After Dinner Walk with your Neighbor	8:30 Pick up your Daily Delight 12 11:00 Resident Walking Group 2:00 Movie Matinee

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30 Pick up your Daily Delight 13</p> <p>11:00 Resident Lead Walking Group</p> <p>1:30 Bible Study #138</p>	<p>Columbus Day 14</p> <p>8:30 Pick up your Daily Delight</p> <p>10:00 Chair Exercise</p> <p>10:30 In Person Worship with Holy Communion</p> <p>1:00 Make your own Apple Crisp-Sign up with Kris</p> <p>3:15 BINGO</p> <p>6:00 Dominos-Resident Lead</p>	<p>Spark Challenge Day 15</p> <p>8:30 Pick up your Daily Delight</p> <p>9:30 Catholic Communion</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Kris' Office</p> <p>2:30 Demo with Chef Marcus</p> <p>6:00 UNO Card Game-Resident Lead</p>	<p>Spark Challenge Day Arms 16</p> <p>8:30 Pick up your Daily Delight</p> <p>9:00 Worship Wednesday-Wellness Room</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Arm Crank</p> <p>2:30 Lutheran Communion/Prayer AL2</p> <p>6:00 Adult Coloring AL2 Wing</p>	<p>Happy Hour! 17</p> <p>8:30 Pick up your Daily Delight</p> <p>10:00 Chair Exercise</p> <p>10:30 Music With Marilyn</p> <p>10:30 Catholic Rosary</p> <p>3:00 Caramel Apple Bar Happy Hour</p> <p>6:00 Puzzles</p>	<p>8:30 Pick up your Daily Delight 18</p> <p>9:15 Chair Exercise</p> <p>2:00 Book Club Outside #138</p> <p>6:00 After Dinner Walk with your Neighbor</p>	<p>8:30 Pick up your Daily Delight 19</p> <p>10:10 Chair Exercise</p> <p>11:00 Resident Walking Group</p> <p>2:00 Movie Matinee</p>

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<p>8:30 Pick up your Daily Delight 20</p> <p>10:10 Chair Exercise</p> <p>11:00 Resident Lead Walking Group</p> <p>1:30 Bible Study #138</p>	<p>Outing 21</p> <p>8:30 Pick up your Daily Delight</p> <p>10:00 Mn Zoo Outing</p> <p>10:30 Worship Service Streamed</p> <p>2:30 Pigeon and Chicken Visits with Les</p> <p>6:00 Dominos- Resident Lead</p>	<p>Spark Challenge Day 22</p> <p>8:30 Pick up your Daily Delight</p> <p>9:30 Catholic Communion</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Kris' Office</p> <p>3:15 BINGO</p> <p>6:00 UNO Card Game- Resident Lead</p>	<p>LIVE Music Spark Challenge Legs 23</p> <p>8:30 Pick up your Daily Delight</p> <p>9:00 Spark Challenge Day Legs</p> <p>9:00 Worship Wednesday-Wellness Room</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Leg Crank</p> <p>3:00 The Singing Cowgirl Concert</p> <p>6:00 Adult Coloring AL2 Wing</p>	<p>Happy Hour! 24</p> <p>8:30 Pick up your Daily Delight</p> <p>10:00 Chair Exercise</p> <p>2:30 Resident Council Meeting</p> <p>3:00 Soft Pretzels and Dips Happy Hour</p> <p>6:00 Puzzles</p>	<p>8:30 Pick up your Daily Delight 25</p> <p>9:15 Chair Exercise</p> <p>2:00 Book Club Outside #138</p> <p>6:00 After Dinner Walk with your Neighbor</p>	<p>8:30 Pick up your Daily Delight 26</p> <p>11:00 Resident Walking Group</p> <p>2:00 Movie Matinee</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30 Pick up your Daily Delight 27</p> <p>11:00 Resident Lead Walking Group</p> <p>1:30 Bible Study #138</p>	<p>8:30 Pick up your Daily Delight 28</p> <p>10:00 Chair Exercise</p> <p>11:00 Cider and Donut Social</p> <p>3:00 Pet Therapy Dog Visits</p> <p>3:15 BINGO</p> <p>6:00 Dominos-Resident Lead</p>	<p>Outing 29</p> <p>Spark Challenge Day</p> <p>8:30 Pick up your Daily Delight</p> <p>9:30 Catholic Communion</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Kris' Office</p> <p>2:00 Dairy Queen</p> <p>6:00 UNO Card Game-Resident Lead</p>	<p>Spark Challenge 30</p> <p>Grip</p> <p>8:30 Pick up your Daily Delight</p> <p>9:00 Spark Challenge Day Grip</p> <p>9:00 Worship Wednesday-Wellness Room</p> <p>10:00 Chair Exercise</p> <p>12:45 Spark Challenge-Walking</p> <p>3:00 October Birthday Happy Hour</p> <p>6:00 Adult Coloring AL2 Wing</p>	<p>Halloween 31</p> <p>8:30 Pick up your Daily Delight</p> <p>10:30 Primrose School Halloween Parade</p> <p>3:00 Halloween Happy Hour</p> <p>6:00 Puzzles</p>	 <p>BODEN SENIOR LIVING APPLE VALLEY</p>	<p>Happy Birthday to</p> <p>10/2 Linda Carden</p> <p>10/25 Ronald Kohls</p> <p>10/30 Don Siren</p>