January	/ 2025 - Assiste	ed Livina
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BODEN SENIOR LIVING APPLE VALLEY	AL AL2 L Lobby MD Main Dining Room O Outside #138 WR Wellness Room	Happy Birthday to 1/8 Sharlane Newman 1/19 Jeanette Smith 1/29 Nancy Whitmore	New Year's Day 8:30 Pick up your Daily Delight 10:30 Dominos-Resident Lead [AL] 6:00 Adult Coloring [AL]	8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 11:00 Catholic Rosary [WR] 2:00 National Memorials of D.C. [WR] 3:00 Happy Hour [MD] 3:30 Nickel BINGO [MD] 6:00 Puzzles [AL]	8:30 Pick up your Daily Delight 9:15 Chair Exercise [WR] 2:00 Book Club [O] 6:00 After Dinner Walk with your Neighbor [L]	8:30 Pick up your Daily 4 Delight 10:10 Chair Exercise [WR] 11:00 Resident Walking Group [L] 2:00 Movie Matinee [MD]
8:30 Pick up your Daily Delight 10:10 Chair Exercise [WR] 11:00 Resident Lead Walking Group [L] 1:30 Bible Study [O]	8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 10:30 In Person Church Service w/ Communion [MD] 1:30 Left, Right, Center Dice Game [AL] 3:30 Nickle BINGO [MD] 6:00 Dominos-Resident Lead [AL]	8:30 Pick up your Daily Delight 9:30 Catholic Communion 10:30 NEW Womens Group/Give Back Commitee [MD] 1:15 Chair Exercise [WR] 2:15 Rosemount Movie Theatre [L] 6:00 UNO Card Game- Resident Lead [AL]	MAGIC SHOW TEAM MEETING FOR ALL RESIDENTS 8:30 Pick up your Daily Delight 9:00 Worship Wednesday Streamed Svc [WR] 10:00 Chair Exercise [WR] 2:00 TRYathalon Team Meeting Come Join!! [WR] 3:00 NEW Magic Show [MD] 6:00 Adult Coloring [AL]	8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 10:30 Music with Marilyn [MD] 1:00 President Carters Funeral Streamed [MD] 1:15 Catholic Rosary [WR] 2:30 Resident Council Meeting [MD] 3:00 Food Council Meeting [MD] 3:30 Happy Hour [MD] 6:00 Puzzles [AL]	8:30 Pick up your Daily Delight 9:15 Chair Exercise [WR] 2:00 Book Club [O] 6:00 After Dinner Walk with your Neighbor [L]	8:30 Pick up your Daily Delight 11:00 Resident Walking Group [L] 2:00 Movie Matinee [MD]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Pick up your Daily Delight 11:00 Resident Lead Walking Group [L] 1:30 Bible Study [O]	8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 10:30 In Person Church Service w/ Communion [MD] 3:00 Music with Loren Wolfe [MD] 6:00 Dominos-Resident Lead [AL]	SPARK CHALLENGE 14 DAY 8:30 Pick up your Daily Delight 9:30 Catholic Communion 10:00 Chair Exercise [WR] 12:50 TRYathalon-Walking [AL] 3:00 Art-Painting [MD] 6:00 UNO Card Game- Resident Lead [AL]	[MD]	OUTING SPARK CHALLENGE DAY 8:30 Pick up your Daily Delight 10:30 Catholic Rosary with Communion [WR] 12:50 TRYathalon Arm Crank [WR] 3:00 Happy Hour [MD] 4:30 Dinner at Texas Roadhouse 6:00 Puzzles [AL]	8:30 Pick up your Daily Delight 9:15 Chair Exercise [WR] 2:00 Book Club [O] 6:00 After Dinner Walk with your Neighbor [L]	8:30 Pick up your Daily Delight 10:10 Chair Exercise 11:00 Resident Walking Group [L] 2:00 Movie Matinee [MD]
8:30 Pick up your Daily Delight 10:10 Chair Exercise 11:00 Resident Lead Walking Group [L] 1:30 Bible Study [O]	OUTING 20 Martin Luther King Jr. Day 8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 12:00 Lunch at Taco Bell 3:00 Cards and Dice Games [AL] 6:00 Dominos-Resident Lead [AL]	SPARK CHALLENGE 21 DAY 8:30 Pick up your Daily Delight 9:30 Catholic Communion 10:00 Chair Exercise [WR] 12:50 TRYahalon Walking [AL] 3:30 Nickel BINGO [MD] 6:00 UNO Card Game-Resident Lead [AL]	22 8:30 Pick up your Daily Delight 9:00 Worship Wednesday Streamed Svc [WR] 10:00 Coffee with Officer Sarah [MD] 1:00 Chair Exercise 3:00 NEW Live Music with Bill Mann [MD] 6:00 Adult Coloring [AL]	SPARK CHALLENGE DAY 8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 10:30 Music with Marilyn [MD] 12:50 TRYathalon Arm Crank [WR] 3:00 Happy Hour [MD] 3:30 Nickle BINGO [MD] 6:00 Puzzles [AL]	8:30 Pick up your Daily Delight 9:15 Chair Exercise [WR] 2:00 Book Club [0] 6:00 After Dinner Walk with your Neighbor [L]	8:30 Pick up your Daily Delight 11:00 Resident Walking Group [L] 2:00 Movie Matinee [MD]
8:30 Pick up your Daily Delight 11:00 Resident Lead Walking Group [L] 1:30 Bible Study [O]	OUTING 8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 10:30 In Person Church Service w/ Communion [MD] 2:00 Outing to Perkins-PIE 6:00 Dominos-Resident Lead [AL]	8:30 Pick up your Daily Delight 9:30 Catholic Communion 10:00 Chair Exercise [WR] 12:50 TRYathalon-Walking [AL] 3:30 Nickle BINGO [MD] 6:00 UNO Card Game-Resident Lead [AL]	8:30 Pick up your Daily Delight 9:00 Worship Wednesday Streamed Svc [WR] 10:00 Chair Exercise [WR] 3:00 Live Music with Mike Larson [MD] 6:00 Adult Coloring [AL]	8:30 Pick up your Daily Delight 10:00 Chair Exercise [WR] 11:00 Catholic Rosary [WR] 12:50 TRYathalon Arm Crank [WR] 3:30 January Birthday Celebration Happy Hour [MD] 6:00 Puzzles [AL]	8:30 Pick up your Daily Delight 9:15 Chair Exercise [WR] 2:00 Book Club [O] 6:00 After Dinner Walk with your Neighbor [L]	